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## Human Development and Family Studies (HDFS)

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*Office:* Room 106, Family Studies Building

For major requirements, see the College of Liberal Arts and Sciences section of this *Catalog*.

### **1060. Close Relationships Across the Lifespan**

~~(180)~~ Three credits.

Theory and research on topics in the close relationship literature including attraction, relationship development and maintenance, friendship and social support, love, sexuality, intimacy, power, communication, conflict, dissolution and divorce, and bereavement. CA 2.

### **1070. Individual and Family Development**

~~(190)~~ Three credits.

Human development throughout the life span, with emphasis upon the family as a primary context. CA 2.

### **1095. Special Topics Lecture**

~~(195)~~ Credits, prerequisites, and hours as determined by the Senate Curricula and Courses Committee. May be repeated for credit with a change in topic.

### **2001. Diversity Issues in Human Development and Family Studies**

~~(201)~~ Three credits. Prerequisite: Open to sophomores or higher. Recommended preparation: HDFS 1070.

Critical issues in diversity and multiculturalism in human development, family relations, and professional practice. CA 4.

### **2004W. Research Methods in Human Development and Family Studies**

~~(205W)~~ Four credits. Prerequisite or corequisite: HDFS 1070, which may be taken concurrently; ENGL 1010 or 1011 or 2011; open only to HDFS majors; open to sophomores or higher. Not open for credit to students who have completed HDFS 290.

Overview of research methods with emphasis on (1) the social context in which research occurs and is used, and (2) strengths and limitations of social science research methods. Includes topics such as hypothesis formation, measurement of social variables, research ethics, data collection techniques, and interpreting results.

### **2100. Human Development: Infancy Through Adolescence**

~~(202)~~ Three credits. Prerequisite: Open to sophomores or higher.

Individual development and behavior from prenatal period through adolescence; impact of peers, school, other social agencies, and especially the family.

### **2200. Human Development: Adulthood and Aging**

~~(204)~~ Three credits. Prerequisite: Open to sophomores or higher.

Individual development and behavior from young adulthood through later life with special attention given to family and social influences. Physical, cognitive, social and personality changes, role transitions, and interpersonal and intergenerational relationships.

### **2300. Family Interaction Processes**

~~(273)~~ Three credits. Prerequisite: Open to sophomores or higher.

Family interaction: communication processes, bonding behaviors, management of conflict and aggression, negotiation of family crisis.

### **3042. Baseball and Society: Politics, Economics, Race and Gender**

(Also offered as AFRA 3042 and WGSS 3042.) Three credits. Prerequisite: Open to juniors or higher.

Baseball in historical, political, sociological, and economic contexts. Topics may include: impact on individuals and families; racial discrimination and integration; labor relations; urbanization; roles of women; treatment of gay athletes; and implications of performance-enhancing drugs.

### **3080. Supervised Field Experience**

~~(288)~~ Three or six credits. May be repeated up to a maximum of six credits. Prerequisites: GPA of 2.5 in HDFS courses; 15 credits of 2000-level or above HDFS courses and consent of the Director of Undergraduate Studies. Students who do not meet all of these requirements may take the course with the consent of the fieldwork coordinator and of the seminar instructor. Weekly seminar required. Practicum by arrangement.

Supervised participation in settings where purposes and functions are related to the development and welfare of individuals and families.

### **3083. Foreign Study**

~~(294)~~ Credits and hours by arrangement. Prerequisite: Consent of Director of Undergraduate Studies required, preferably prior to student's departure. With a change in content, this course may be repeated for credit. A maximum of six credits can be used to meet major requirements.

Special topics taken in a foreign study program.

#### **3087. Honors Proseminar**

~~(291)~~ Two credits. Class meets once a week for two hours. Prerequisite: Open only with consent of instructor to students in the Honors Program. May be repeated for credit.

Overview of the Human Development and Family Studies Honors Programs and the opportunities available through University Honors. Includes presentations by Family Studies faculty members and discussions with faculty regarding research. Provides direction to students planning honors theses.

#### **3090. Fieldwork in Community Settings**

~~(289)~~ Three credits. Prerequisites: HDFS 3080; GPA of 2.5 in HDFS courses; 15 credits of 2000-level or above HDFS courses and consent of the Director of Undergraduate Studies. Cannot be repeated for credit. Cannot be used toward meeting major requirements in HDFS nor towards meeting GPA requirements in HDFS. Weekly seminar required. Practicum by arrangement.

Supervised participation in settings where purposes and functions are related to the development and welfare of individuals and families.

#### **3092. Research Practicum in Human Development and Family Studies**

~~(292)~~ Credits and hours by arrangement. Prerequisite: GPA of 2.5 in HDFS courses and consent of instructor. May be taken more than one semester.

Supervised experience conducting research in human development and family studies.

#### **3095. Special Topics**

Credits and hours by arrangement. With a change in content, may be repeated for credit. Prerequisites, required preparation, and recommended preparation vary.

#### **3098. Selected Topics in Human Development and Family Studies**

~~(298)~~ Variable credits. With a change in content this course may be repeated for credit.

#### **3101. Infant and Toddler Development**

~~(231)~~ Three credits. Prerequisite: HDFS 2100 or PSYC 2400; open to juniors or higher. Prerequisite or corequisite: HDFS 2004W or NURS 3215 or PSYC 2100 or SOCI 3201.

Study of children from birth to three years from an integrated human development perspective; biological and social contextual influences.

#### **3102. Early and Middle Childhood Development**

~~(232)~~ Three credits. Prerequisite: HDFS 2100 or PSYC 2400; open to juniors or higher. Prerequisite or corequisite: HDFS 2004W or NURS 3215 or PSYC 2100 or SOCI 3201.

Study of children ages 3-8 years from an integrated human development perspective that focuses on the interdependence of physical growth and cognitive, emotional, and social development.

#### **3103. Adolescent Development**

~~(284)~~ Three credits. Prerequisite: HDFS 2100 or PSYC 2400; open to juniors or higher. Prerequisite or corequisite: HDFS 2004W or NURS 3215 or PSYC 2100 or SOCI 3201.

Theoretical approaches to adolescence; contextual research findings regarding adolescent development, with an emphasis on evaluating the match between these findings and the lived experience of adolescents; interventions designed to help adolescents meet the challenges of contemporary life.

#### **3110. Social and Community Influence on Children in the United States**

~~(210)~~ Three credits. Prerequisite: HDFS 2100 or PSYC 2400; open to juniors or higher.

Based on an ecological/contextual perspective students investigate the impact on child development of community characteristics and social groups and organizations on the development of children in the United States. Possible topics include: family, peers, schools, media, economic status, health care, social services, and the legal system. For each topic, focus is on factors related to promoting resilience.

#### **3120. Introduction to Programs for Young Children**

~~(220)~~ Three credits. Prerequisite: Open to juniors or higher; open only with instructor consent. Must be taken concurrently with HDFS 3180 or 3183.

Components of early care and education programs. Guided observations are integrated with lecture material. Designed for students who intend to work with infants and young children.

**3122. Integrated Curriculum Methods and Materials for Infants and Toddlers**

~~(222)~~ Three credits. Two class periods and one 2-hour laboratory period. Prerequisite: Open to juniors or higher; open only with instructor consent.

Integration of child development theory with best teaching practices for developmentally appropriate learning for children from birth to three years in specific domains including arts, sensory motor, social/emotional, and physical development.

**3123. Integrated Curriculum Methods and Materials for Preschool and Kindergarten**

~~(223)~~ Three credits. Two class periods and one 2-hour laboratory period. Prerequisite: Open to juniors or higher; open only with instructor consent.

Integration of child development theory with best teaching practices for developmentally appropriate learning for children from preschool through kindergarten in specific domains including cognitive development, mathematical and scientific thinking, social studies, and personal/social development.

**3125. Emergent Literacy and Language Arts in Early Childhood Education**

~~(226)~~ Three credits. Prerequisite: HDFS 2100 or PSYC 2400; and HDFS 3122 or 3123; open to juniors or higher.

Developmentally and individually appropriate integrated curriculum methods and materials in emergent literacy and language arts for children birth to eight.

**3127. Professional Development and Advocacy in Early Childhood**

Three credits. Prerequisite: HDFS 3120. Consent of the instructor is required. Not open to students who have completed HDFS 3126.

Historical, philosophical, psychological, and contemporary influences on the field. Comprehensive services, the workforce, quality, funding, and child outcomes. Focus on each student's professional development and on advocacy for change.

**3180. Programs for Young Children: Introductory Laboratory**

~~(221)~~ One credit. One 2-hour laboratory by arrangement. Prerequisite: Open only to students concurrently enrolled in HDFS 3120; and only with instructor consent.

Guided observation and participation in a program for young children.

**3181. Observing Infant and Toddler Development**

~~(235)~~ One credit. Weekly seminar. Lab by arrangement. Prerequisite or corequisite: HDFS 3101. Not open to students who have passed HDFS 3182.

Observation of children ages 8 weeks to two years in early care and education programs.

**3182. Observing Early Childhood Development**

~~(236)~~ One credit. Weekly seminar. Lab by arrangement. Prerequisite or corequisite: HDFS 3102. Not open to students who have passed HDFS 3181.

Observing young children in early care and education settings.

**3183. Early Childhood Development and Education: Supervised Fieldwork Practicum**

~~(224)~~ Four credits. Prerequisite: HDFS 3120 and 3180 and HDFS 3101 and 3181 or HDFS 3102 and 3182; completion of or concurrent enrollment in HDFS 3122 or HDFS 3123; open to juniors or higher; open only with instructor consent. Weekly seminar. Practicum by arrangement.

Supervised participation with typically developing and special needs children within the Child Development Lab classrooms. Topics include understanding informed observation and how relationships and play guide early learning and development.

**3240. Aging in American Society**

~~(248)~~ (Also offered as SOCI 3459.) Three credits. Prerequisite: Open to juniors or higher.

Social gerontology: the role and status of older people in a changing society.

**3240W. Aging in American Society**

~~(248W)~~ (Also offered as SOCI 3459W.) Prerequisite: ENGL 1010 or 1011 or 2011; open to juniors or higher.

**3249. Gender and Aging**

~~(250)~~ Three credits. Prerequisite: Open to juniors or higher.

Aging process as it impacts on men and women; historical and cross-cultural perspectives, changing family roles, including grandparenthood and widowhood, and implications of changing gender roles for self-actualization of older persons.

**3250. Disabilities: A Lifespan Perspective**

Three credits. Prerequisite: HDFS 1070; open to juniors or higher.

Introduction to disabilities, approaching the topic from historical, developmental-lifespan, individual, and family perspectives. Topics include social constructions, models, definitions, and types of disabilities, disability rights, public policy, and philosophies and systems of education and support for individuals and families.

**3251. Biotechnology, Disability and the Family**

~~Three credits.~~ Prerequisite: Open to juniors or higher. Consent of instructor is required.

Politics and ethics of treating and/or preventing disabilities in reproduction and across the lifespan. Family/caregiver experiences analyzed through disability studies, medical sociology, science and technology studies, and bioethics.

**3252. Death, Dying, and Bereavement**

~~(252)~~ Three credits. Prerequisite: Open to juniors or higher.

Cultural context of death, personal meaning of death at different stages in life cycle, and the effect of death upon survivors.

**3261. Men and Masculinity: A Social Psychological Perspective**

~~(259)~~ Three credits. Prerequisite: Open to juniors or higher.

Men's gender role socialization over the life span; men's developmental issues, gender role, conflicts, and interpersonal dynamics with women. Theory, research, and personal exploration are integrated. CA 4.

**3268. Latinos: Sexuality and Gender**

~~(268)~~ (Also offered as LLAS 3251.) Three credits. Prerequisite: Open to juniors or higher.

Critical discussion of issues involving gender and sexuality among Latinos, with particular attention to race, class, ethnicity, and acculturation.

**3277. Issues in Human Sexuality**

~~(277)~~ Three credits. Prerequisite: Open to juniors or higher.

Contemporary issues concerning human sexuality; impact upon individuals and family units.

**3310. Parent-Child Relations in Cross-Cultural Perspective**

~~(245)~~ (Also offered as ANTH 3303.) Three credits. Prerequisite: Open to juniors or higher.

Theory and research on major dimensions of parenting in the U.S.A. and cross-culturally: parental warmth, control and punishment.

**3311. Parenthood and Parenting**

~~(287)~~ Three credits. Prerequisite: HDFS 2100 or PSYC 2400; and HDFS 1070 or HDFS 2200; open to juniors or higher.

Parent behavior and the dynamics of parenthood; interpersonal, familial, and societal roles of parents and variables influencing these roles across the lifespan.

**3311W. Parenthood and Parenting**

~~Three credits.~~ Prerequisite: HDFS 2100 ~~OR~~ PSYC 2400; and HDFS 1070 or 2200; ENGL 1010 or 1011 or 2011; open to juniors or higher.

**3319. Risk and Resilience in Individuals and Families**

~~(275)~~ Three credits. Prerequisite: HDFS 2300; open to juniors or higher.

Challenges, stresses, and crises experienced by individuals and families; protective factors and resilience; coping strategies; prevention and intervention.

**3340. Individual and Family Interventions**

~~(266)~~ Three credits. Prerequisite: Open to juniors or higher. Recommended preparation: HDFS 2300.

An introduction to individual, couple, family, and group intervention. Topics include counseling theories, developmentally appropriate interventions, and methods for addressing diversity. Intervention strategies used in a variety of human services settings are examined.

**3341. Family and Consumer Sciences: Developing Curriculum for Adolescents**

~~(241)~~ Three credits. Prerequisite: HDFS 2100 and HDFS 3103; open to students in Human Development and Family Studies, others with permission. Course may be repeated up to three times with change in content/topic for a total of 9 credits.

Theory, research and practicum related to instruction of adolescents using developmentally appropriate practices. Curriculum development, methodology, and assessment of students in selected content areas (i.e. interior design, clothing and textiles, quantity food production) for the preparation of teachers of Family and Consumer Sciences.

**3342. Family Resource Management**

~~(283)~~ Three credits. Prerequisite: Open to juniors or higher.

Decision-making process of families concerning the utilization of financial, personal, environmental and social

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resources.

### **3343. Family Life Education**

Three credits. Prerequisite: Open to juniors or higher.

Theory and practice of family life education including program development, implementation, evaluation, and professional ethics.

### **3420. Abuse and Violence in Families**

~~(269)~~ Three credits. Prerequisite: HDFS 2300; open to juniors or higher.

Historical, psychological, sociological and legal issues relating to abuse and family violence across the lifespan, including child maltreatment and elder abuse. Introduction to methods for prevention and remediation.

### **3421. Low Income Families**

~~(270)~~ Three credits. Prerequisite: Open to juniors or higher.

Impact of poverty and related problems on development of the child in the context of the family. Family structure, childrearing patterns, early educational and community programs.

### **3423. History of the Family**

~~(279)~~ (Also offered as HIST 3203.) Three credits. ~~Prerequisite: Open to juniors or higher.~~

Pre-industrial and industrial family life in Western society since the Middle Ages, with emphasis on the changes in demography, family size and structure, family economy, social expectations, sex roles, sexuality, and affective bonds.

### **3430. The Family-School Partnership**

~~(240)~~ Three credits. Prerequisite: HDFS 1070 or HDFS 2100 or PSYC 2400; open to juniors or higher.

The role of families in the education process. The effective family-school-community partnership in educating children: Communications and the implications of culture, socio-economics, family form, family dynamics, family supports, and public policy.

### **3431. Families and Work**

~~(272)~~ Three credits. Prerequisite: Open to juniors or higher.

Interaction of the world of work with family structure; social psychological dynamics that enhance or impede working families' lives.

### **3433. Consumer Rights and Responsibilities**

Three credits. Prerequisite: Open to juniors or higher.

The rights and responsibilities of consumers with emphasis on the consumer decisions of individuals, households, and families throughout the lifespan.

### **3442. Latino Health and Health Care**

~~(267)~~ (Also offered as LLAS 3250.) Three credits. Prerequisite: Open to juniors or higher.

Overview of health and health care issues among Latinos in the United States. Particular attention is paid to cultural and social factors associated with health and well-being (e.g. migration, acculturation, SES).

### **3473. Asian-Pacific American Families**

(Also offered as AASI 3473.) Three credits.

Overview of social, cultural, educational, demographic and economic characteristics of Asian-Pacific American families. Examination and critique of values, customs, traditions and beliefs that distinguish families of this heterogeneous ethnic population.

### **3510. Planning and Managing Human Service Programs**

~~(276)~~ Three credits. Prerequisite: Open to juniors or higher.

Planning techniques: needs assessment, data collection and analysis, budgeting, and evaluation. Management skills: decision making, management theory and organizational behavior, personnel motivation, accountability, and financial management.

### **3520. Legal Aspects of Family Life**

~~(264)~~ Three credits. Prerequisite: Open to juniors or higher.

Overview of historical roots and key aspects of family law. The case method is used to analyze the causes and effects of contemporary trends. Topics include: the regulation of marriage, separation, and divorce; procreation and abortion; adoption; child custody and support; and, end-of-life issues.

### **3530. Public Policy and the Family**

~~(274)~~ Three credits. Prerequisite: Open to juniors or higher.

Analysis of government programs and policies impacting the family: child care, aging, family law, mental health, family violence, income maintenance, and family impact analysis.

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#### **3540. Child Welfare, Law and Social Policy**

~~(285)~~ Three credits. Prerequisite: HDFS 2100 or PSYC 2400; and HDFS 2004W or PSYC 2100; open to juniors or higher.

Examines the methods through which empirical social science research can affect law and public policy affecting children and families.

#### **3540W. Child Welfare, Law and Social Policy**

Three credits. Prerequisite: ENGL 1010 or 1011 or 2011; HDFS 2100 or PSYC 2400; and HDFS 2004W or PSYC 2100; open to juniors or higher; open only to HDFS majors.

#### **3550. Comparative Family Policy**

~~(281)~~ Three credits. Prerequisite: Open to juniors or higher.

Comparative analysis of government programs and policies impacting families in the United States and other countries. Health and welfare policies, family planning, child care, teen pregnancy, and care of the aged.

#### **4004. Senior Seminar in Research Methods**

~~(295)~~ Three credits. Prerequisite: HDFS 2004W, 12 credits of 2000-level or above HDFS courses; open only to Human Development and Family Studies Majors; open only with consent of instructor.

Students will work as a research team to conduct a research project through all of its phases, from formulating a research question to final presentation of findings.

#### **4007W. Professional Communication in Human Development and Family Studies**

~~(293W)~~ Three credits. Prerequisite: HDFS 2004W and an additional 12 credits completed in 2000-level or above HDFS courses; ENGL 1010 or 1011 or 2011; open only to HDFS majors.

Development of advanced written and oral communication skills required for professional careers and graduate studies. Emphasis is placed on appropriate presentation and writing styles for the diverse audiences and purposes encountered in research and practice.

#### **4087W. Honors Thesis**

~~(296W)~~ Three to six credits. Hours by arrangement. Prerequisite: ENGL 1010 or 1011 or 2011; open only with consent of instructor to students in the Honors Program; students must have a thesis advisor and have an approved thesis topic.

Individual study with student's honors thesis supervisor for the purpose of writing the honors thesis.

#### **4097. Honors Thesis Preparation Seminar**

~~(297)~~ One credit. Class meets once a week for one hour. Prerequisite: HDFS 3087; open only with consent of instructor to students in the Honors Program. May be repeated for credit.

Prepares students to tackle the honors thesis by covering the basics of the thesis process. Course content will focus on strategies to make the thesis manageable, organizational and writing skills, and discussion of seminar members' thesis projects and progress. In this seminar, students form a community of scholars to discuss and support each other's work.

#### **4099. Independent Study for Undergraduates**

~~(299)~~ Credits and hours by arrangement. Prerequisite: HDFS 2004W; open only with consent of instructor. May be taken more than one semester.

Students, working with a faculty supervisor, develop plans for an independent research project or review paper, execute the project, and complete a report.

#### **4181W. Early Childhood Development and Education: Supervised Teaching Practicum**

Nine credits. Two class periods and laboratory by arrangement. Prerequisite: HDFS 2100, 3101, 3102, 3120, 3122, 3123, 3183, and either 3181 or 3182; ENGL 1010 or 1011 or 2011; GPA of 2.7 in HDFS courses, and instructor consent.

Supervised teaching experience within the Child Development Labs or approved early education center. Development of advanced written and oral communication skills required for early childhood educators with emphasis on appropriate presentation and writing skills for diverse audiences.

#### **4182. Administration and Leadership in Early Childhood Programs: Practicum**

~~(228)~~ Variable credits. Two class periods and laboratory by arrangement. Prerequisite: HDFS 4181W, GPA of 2.5 in HDFS courses; open to juniors or higher; instructor consent.

Continuation of HDFS 4181W. Experience in early childhood program implementation, administration, staff supervising, policy making, and curriculum planning.

#### **4255. Living with Chronic or Life-threatening Illness**

~~(255)~~ Three credits. Prerequisite: Open only to juniors or higher.

Chronic and/or life-threatening illness from diagnosis through long term management. Psychological, interpersonal, family, and ethical aspects of the chronic illness experience across the life span, in contexts of culture and health policy.

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